

Post Birth

TO DO CHECKLIST

You had that beautiful baby! Now what?
Use this handy checklist of post-birth to dos.

Before leaving the hospital

- Fill out birth certificate
- Complete a birth registration form at the hospital to begin the process of obtaining a social security card, which is mailed to you in 6-12 weeks
- Get hands and feet inked as a keepsake
- Decide on circumcision for baby boy
- Ask hospital staff for the Lactation Consultant's contact information (if breastfeeding)
- Inform family and close friends of baby's arrival
- Confirm with your nurse everything you need to do for postpartum recovery

Within 7 days

- Contact work to initiate FMLA/Short Term Disability

Within 30 days

- Choose a health plan and add baby as a life event
- Plan a newborn baby photoshoot and order birth announcements
- Update your budget to include monthly baby items

Within a few months

- Write/update your will and other legal documents
- Make sure you have life insurance
- Check into tax breaks